



CO₂ LASER POST-PROCEDURE INSTRUCTIONS

Full Face Treatment Including the Eyelid and Orbital Areas

Patient name: _____	Treatment date: _____	Provider: _____
Follow-up appointment: _____	Clinic phone: 406-863-6100	After-hours instructions: _____

YOUR MOST IMPORTANT HEALING GOAL: Keep the treated skin clean, continuously moist, and protected. Do not allow the skin to become dry, cracked, or heavily crusted.

First 7-10 Days: Cleanse, Hydrate, Protect

- 1 Wash your hands:** Use soap and water before touching your face, eyelids, tear free wash, Aquaphor container, or any treatment supplies.
- 2 Cleanse gently:** At least twice daily—and whenever drainage or ointment buildup is present—wash with a gentle, fragrance-free, tear-free cleanser and cool-to-lukewarm water. Keep your eyes closed. Use clean fingertips only; do not scrub, rub, exfoliate, or use a washcloth, cleansing brush, or facial device.
- 3 Carefully clean around the eyes:** With eyes closed, allow the tear-free wash and water to pass gently over the eyelids and orbital skin. Rinse completely. Do not pull on the eyelids, force the eyes open, or place cleanser directly into the eyes. Gently blot with clean, soft gauze or allow the skin to air-dry.
- 4 Apply Aquaphor immediately:** Using clean hands, apply a thin, even layer of Aquaphor to all treated skin, including the outer eyelid and orbital skin. Reapply whenever the skin begins to look or feel dry. The surface should remain lightly shiny and moist—not coated with thick clumps. Keep Aquaphor out of the eyes and away from the inner eyelid rim.
- 5 Repeat the routine:** Cleanse away old ointment and drainage gently before reapplying fresh Aquaphor. Continue until the treated skin is fully closed, no longer weeping, and your Comfort Laser Center medical provider tells you to transition to a bland moisturize (e.g., Cetaphil Moisturizing Lotion, CeraVe Moisturizing Lotion, etc.).

Special Care for the Eye and Orbital Areas

DO <ul style="list-style-type: none">• Use a clean, cool compress over closed eyes for 10 minutes at a time as needed.• Sleep with your head elevated on two or three pillows or a wedge for the first 2-3 nights.• Wear glasses while the eyelids are swollen or irritated; resume contact lenses after day 14.	DO NOT <ul style="list-style-type: none">• Put ice directly on the skin or press firmly on the treated eyelids.• Use eye makeup, false lashes, lash adhesive, eye creams, or active skincare until cleared.• Pick, peel, scratch, or remove flakes or crusts—even when they are loose.
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YOUR RECOVERY GUIDE

Comfort Laser Center • CO₂ Laser Resurfacing

What Is Usually Expected

- **Redness, warmth, and a sunburn-like sensation** — especially during the first several hours.
- **Swelling around the eyes** — which may become more noticeable during the first 48-72 hours before improving.
- **Clear, pink, or light-yellow fluid and mild pinpoint bleeding** — during early healing.
- **Tightness, itching, bronzing, peeling, or flaking** — as new skin forms. Do not pick or peel.
- **Persistent pinkness** — after the surface has healed; this may last several weeks or longer depending on treatment depth and individual healing.

Protect the Healing Skin

- **Avoid direct sun exposure.** Stay indoors or use a wide-brimmed hat and shade. Once the skin is completely closed and your medical provider approves, apply a broad-spectrum mineral sunscreen with SPF 30 or higher every day.
- **Avoid heat and sweating,** including strenuous exercise, saunas, hot tubs, steam rooms, and very hot showers, until the skin has healed and you are cleared.
- **Do not use makeup,** retinoids, tretinoin, retinol, exfoliating acids, vitamin C serums, scrubs, benzoyl peroxide, fragranced products, or alcohol-based products on treated skin until approved.
- **Do not swim or soak the face** in pools, lakes, hot tubs, or bath water until the skin is fully healed.
- **Take all prescribed** antiviral, antibiotic, pain, or other medications exactly as directed. Do not apply antibiotic ointments or additional products unless specifically prescribed.

Call Comfort Laser Center Promptly for Any of the Following

- Pain, redness, warmth, or swelling that is worsening rather than gradually improving.
- Thick yellow or green drainage, foul odor, spreading redness, or fever of 100.4°F (38°C) or higher.
- New blisters, clustered cold-sore-like lesions, or severe itching/rash.
- Persistent bleeding that does not stop with gentle pressure using clean gauze.

EMERGENCY: Seek immediate medical evaluation for any marked swelling with increasing pressure around the eyes. Call 911 or go to the nearest emergency department if symptoms are severe.

COMFORT LASER CENTER

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CALL US

406-863-6100

VISIT US

ComfortLaserCenter.com